



The latest from the leader in vascular access education

PICC Excellence Newsletter

May 2025



Celebrating the Heart of Healthcare: Mothers

Great healthcare professionals are empathetic, resourceful, hardworking, and willing to do whatever it takes to get the job done right. Healthcare is a field where women vastly outnumber men, which means there are many mothers among our ranks. It's no coincidence that these qualities also go hand in hand with great mothers!

This month, we salute the parents who balance the career they love with their families. We hope everyone had a great Mother's Day!

New Orlando Workshop Dates 📍

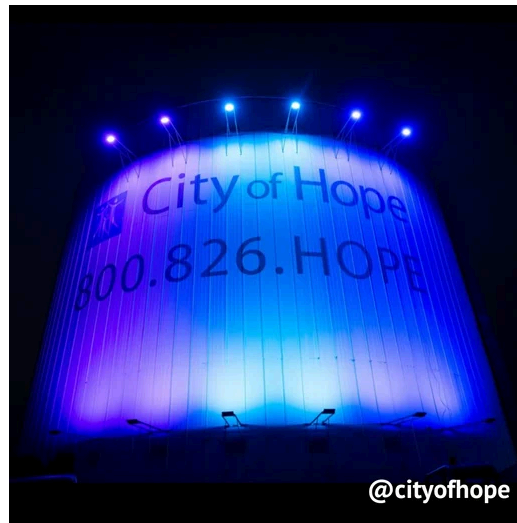
Looking for comprehensive PICC training in the Orlando area? Join our instructor for a two-day workshop, which covers PICC insertion for adult patients. This workshop is ideal for novices who are looking to add PICC lines to their skill set.

[June 26-27](#) | [September 25-26](#) | [November 13-14](#)

REGISTER

National Nurses Week

For National Nurses Week May 6-12, many U.S. healthcare facilities took to the skies to thank their nurses for all that they do by lighting up their buildings in honor of National Nurses Week. Here's a collection of a few that we've seen!





SC4
St. Clair County Community College

Lake Huron
Medical Center

IN HONOR OF NURSES WEEK MAY 6-12
#THEPOWEROFNURSES #NURSESLIGHTUPTHESKY

Nominate a Healthcare Professional!

Do you know a healthcare professional who deserves a shout-out for a job well done? [Nominate them](#) for a spotlight in our monthly newsletter!

NOMINATE

Q&A with Dr. Nancy Moureau



Dr. Nancy Moureau offers counsel to hundreds of practitioners around the world. Each month we share a question from a colleague, which she answers pulling from her decades of experience in the field. If you have a question for Dr. Moureau, email it to info@piccexcellence.com.

QUESTION

Why is it important to flush a catheter and what is the most effective method?

ANSWER

There are four important reasons to flush a catheter with a saline physiologic solution:

1. To assess patency and function
2. To completely clear a catheter of medications and solutions that could cause interactions or precipitation when in contact with other infusions.
3. To clear blood and prevent occlusion of the catheter.

4. To clear the catheter of microorganisms that attach to the catheter wall and grow biofilm.

Researchers [Royce, Guiffant, and Ferroni](#) recommend using a specific pulsatile flushing action that is more efficient in clearing the catheter and may even reduce catheter-related infections. When flushing with 10ml of saline, plan to perform 6 cycles of push-pause, push-pause with the syringe and plunger.

Push on this flushing syringe for approximately half a second, then hold half a second, just a quick push, pause and push again. The goal with this efficient flush is to complete the 6 push pause cycles within 5 seconds. Performing the flushing according to this push/pause method results in the most effective clearing of the catheter and tubing leading to the reduction of bacterial adherence while avoiding subsequent growth within the catheter.

Neonatal PICC Insertion Courses

Benefit from Comprehensive Education with Neonatal PICC Insertion Courses

The [Neonatal PICC Insertion Bundle](#) gives you a comprehensive education for best practices and emphasizes techniques for greater insertion success in neonatal patients. Utilize flexible online learning to master this crucial skill.

Completing the Neonatal Bundle is the first step to earning a [Certified Neonatal PICC Insertion](#) (CNPI) certification, an industry-wide recognition that will boost your career.

LEARN MORE



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